



GASTRO CARE INSTITUTE

## Pre Capsule Endoscopy Instructions

### Pre Capsule Checklist:

1. Do you have difficulty swallowing?
2. Do you have a pacemaker or a defibrillator?
3. Are you scheduled for an MRI?
4. Do you have history of bowel obstruction?

### 2 Days Prior To The Exam:

- Stop All Iron Supplements And Antacids

### The Day Prior To The Exam:

- You May Have Breakfast And A Light Lunch
- After 12:00 pm, You Are To Drink Only Clear Liquids

### Things You May Have Include:

Water

Juice (No Pulp)

Soda (Including Colas)

Tea

Coffee

Clearbroth

Jello

Lemonade

Gatorade

Kool-Aid

- You May Continue To Drink Clear Liquids Until 10:00 pm
- Do Not Drink Anything After 10:00 pm

### The Day Of The Exam:

- Please Wear A 2 Piece Comfortable Outfit To Your Appointment
- Do Not Take Any Of Your Usual Medications
- After the exam, you will return to our office at 4:00 pm

Date Of Test \_\_\_\_\_

Arrival Time \_\_\_\_\_

**Procedure Location:** 1753 W. Ave. J, Ste. A, Lancaster, CA 93534

If you have any questions or concerns, please call our office at 661-529-7550.

Office hours are Monday-Friday from 8:00 a.m.-12:00 p.m., 1:00 p.m.-5:00 p.m. with phones answered 24 hours per day for emergencies.

**PLEASE NOTIFY YOUR INSURANCE CARRIER OF YOUR UPCOMING EXAM**



[gciav.com](http://gciav.com)

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