

1331 W. Ave. J, Ste. 202
Lancaster, CA 93534
Ph: 661.529.7550
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Kumaravel S. Perumalsamy, MD
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EGD Instructions

*****If you are experiencing difficulty swallowing or food sticking:**

7 Days prior to the procedure (unless otherwise instructed) stop taking the following:

Ticlid ~ Plavix ~ Aggrenox ~ Effient

5 Days prior to the procedure (unless otherwise instructed) stop taking the following:

Coumadin ~ Iron Supplements ~ Metamucil/Other Fiber Supplements ~ Products That Contain Olestra

2 Days prior to the procedure (unless otherwise instructed) stop taking the following:

Pradaxa (Debigatran Etexilate) ~ Xarelto ~ Eliquis

**** If you forget to discontinue any of these medications, please call our office Monday-Friday from the hours of 8:00 a.m.-12:00 p.m., 1:00 p.m.-5:00 p.m or let the nurse know when you arrive for your procedure. It is not necessary to call after normal business hours ****

****If you are diabetic****

- Do **Not** take any of your diabetic medication or insulin on the morning of the procedure.
- If you check your blood sugar, please do so on the morning of your procedure.

Do not eat anything 6 hours before your procedure.

You may drink clear liquids (water, juice, or soda) until 4 hours prior to your procedure.

***You may take heart, blood pressure, seizure, anti-rejection, antianxiety/depression medication the morning of your procedure. Any medications you feel should not be missed, please call the office to check. When you come in, let the nurse know what medications you have taken that day.**

1. If you use inhalers, please bring them with you.
2. You must have a driver due to sedation you will receive. You will not be able to drive or work until the next day.
3. Wear loose comfortable clothes, you may feel bloated after the procedure.

Date of procedure _____ Arrival Time _____

**** The time that we give you is the ARRIVAL time, your procedure typically starts within 1 1/2 - 2 hours following your arrival ****

**** EXPECT TO BE HERE 3-4 HOURS ****

Procedure Location: 1753 W. Ave. J, Ste. A, Lancaster, CA 93534

Follow up office visit: _____

If you have any questions or concerns, please call our office at 661-529-7550.

Office hours are Monday-Friday from 8:00 a.m.-12:00 p.m., 1:00 p.m.-5:00 p.m. with phones answered 24 hours per day for emergencies.



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